

**TEACHING ABOUT FARMING AND THE COUNTRYSIDE IN THE NATIONAL CURRICULUM AT KEY STAGE 2
LINKS WITH THE NATIONAL CURRICULUM AND THE QCA UNITS OF WORKS,
SUGGESTED TEACHING ACTIVITIES, OPPORTUNITIES AND RESOURCES FROM THE INTERNET**

PHYSICAL EDUCATION CURRICULUM LINKS

4c
Knowledge and understanding of fitness and health
Pupils should be taught:
c - why physical activity is good for their health and well-being

5f
Breadth of study
Pupils should be taught the Knowledge, skills and understanding through:
f - outdoor and adventurous activities

SUGGESTED TEACHING ACTIVITIES

*QCA suggested units:
19 and 30 Outdoor and adventurous activities*

In the classroom

Pupils research what they eat and drink (and what it contains) and how they might improve their diet - exercise could be based on the content of a lunch box. Cross curricular links with Science and citizenship

School grounds and immediate surroundings Touch - hug a tree, or pupils work in pairs to meet and explore a tree. Set up a basic orienteering course, treasure hunt or wildness trail around the school grounds. Brings numeracy into work – simple co-ordinates, and literacy with clues of where to go. If there are a variety of trees in the school grounds, focus on the diversity within the grounds. Tree imagery - pupils observe tree movements and become a tree. This exercise can be enhanced if the teacher reads passages about how a tree moves or the life of a tree. Link Movement and Dance with Music

School visit Local farm or country park orienteering, nature trail or wildlife meadow walk focusing on the plant and landscape diversity

RESOURCE LINKS

FACE LINKS – Farm Profiles and Farm as Living classroom

Bananas – aimed at PE for KS1/2 www.bananas.uk.net

OTHER USEFUL WEBSITES

The Forest Education Initiative has regional co-ordinators and organise programmes throughout the UK www.foresteducation.org

