

# FACE Wales

Spring 2010 [www.face-cymru.org.uk](http://www.face-cymru.org.uk)

## North Wales smallholding 'opens its doors'

Pen y Bonc, near Bangor, was set up in 2004 as an example of a low impact productive permaculture plot to demonstrate skills in sustainable living. Since then owners Jonathan and Lisa (who is CEVAS-accredited) have worked with a number of local primary schools and community groups, helping them to plan and plant gardens using local materials and environmentally sound practices. This year they ran a number of courses on the smallholding. To find out more visit their website, [www.foodskillsforall.co.uk](http://www.foodskillsforall.co.uk).



## Children investigate the food chain

Mona Jones, who was accredited under the Countryside Educational Visits Accreditation Scheme last year, hosted a visit from the School Nutrition Action Group at Ysgol Sant Elfod, Abergele, in November. The children had come to find out about how food is produced in the local area, in preparation for a school meal which included lamb from Mona's farm. Mona also organized a farmers' market which was held on the campus shared by Ysgol Sant Elfod, Ysgol Glan Morfa and Ysgol Glan Gele, where pupils and their parents had an opportunity to meet producers.



## Teachers' seminar

A group of teachers from primary and secondary schools in Torfaen spent a day visiting two farms near Brecon last November. At Porthamel farm in the morning they took part in a discussion about farm visits and the curriculum before walking around the cowsheds, orchard, poultry area and woodland. In the afternoon, they visited Minfield farm where traditional breeds of pigs, cattle and sheep



are reared with an emphasis on animal welfare, for sale through farmers' markets. The visit seminar was organized by FACE Cymru in association with Appetite for Life.

## Cardiff school meal

Children at Kitchener Primary School, Cardiff, enjoyed a taste of locally grown vegetables at a special school meal event organized by Riverside Community Market Association in association with Organic Centre Wales and FACE Cymru. Following a workshop about local food, the children helped to chop vegetables for lunch and for a special leek and potato soup, which was served to all the pupils.

The vegetables came from a farm near Abergavenny and growers Philip and Josie Bevan attended the meal.



## Farm visit on the Llŷn

During March this year a group of children from Llŷn primary schools visited Cae'r Graig, Efailnewydd. They had an opportunity to compare modern farming methods with the traditional way of doing things. They also had a go at building a stone wall, learning about hedge-laying, planting potatoes and recognizing the characteristics and uses of native timber. In addition, the children were asked to think of names for the fields as they walked from one to the other. The whole project was supported by Careers Wales North West.



## Swansea and Llanelli

Funding from the Garfield Weston Foundation has enabled FACE to find new farms in the Swansea and Llanelli area to host school visits. One Swansea school took their environmental club to a dairy farm near Llanelli to see their prize-winning herd of Ayrshire cows. The teacher's comment on the visit was that it was a 'fantastic opportunity to see a real working farm and to ask the farmer, Geraint, all about it. Geraint was brilliant with the children – what an excellent visit.'

## Contacts

Wales Education Coordinator:  
Jane Powell, Organic Centre Wales, Institute of Biological, Environmental and Rural Sciences, Aberystwyth University, SY23 3AL  
[www.face-cymru.org.uk](http://www.face-cymru.org.uk)  
01970 622248  
[jane@face-online.org.uk](mailto:jane@face-online.org.uk)

Ceredigion, Carmarthenshire, Pembrokeshire, Swansea: Nick Rebbeck, Learning on the Farm, [www.learningonthefarm.org.uk](http://www.learningonthefarm.org.uk)  
01570 470470

North Powys: Caroline Davies, [schoolfarmvisits@yahoo.co.uk](mailto:schoolfarmvisits@yahoo.co.uk), 01938 810302.

# FACE Wales

Gwanwyn 2010 [www.face-cymru.org.uk](http://www.face-cymru.org.uk)

## Tyddyn yng Ngogledd Cymru yn agor ei ddrwsau

Sefydlwyd Pen y Bonc ger Bangor yn 2004 fel enghraifft o sut mae llecyn amaeth barhaol cynhyrchiol effaith isel yn rhannu sgiliau allweddol mewn byw cynaliadwy. Ers hynny mae Jonathan a Lisa (sydd wedi'u hachredu gan CEVAS) wedi gweithio gyda nifer o ysgolion lleol a grwpiau cymunedol, gan eu cynorthwyo i blannu a chynllunio gerddi, gan ddefnyddio deunyddiau lleol ac ymarferion amgylcheddol gadarn. Eleni rhedasant nifer o gyrsiau ar y tyddyn. Er mwyn darganfod mwy ewch i'w gwefan [www.foodskillsforall.co.uk](http://www.foodskillsforall.co.uk).



## Plant yn archwilio'r gadwyn fwyd

Croesawodd Mona Jones, a achredwyd o dan Gynllun Achredu Ymweliadau Addysgol Cefn Gwlad y Llynedd, ymweliad oddi wrth Grŵp Gweithredu Maethiad Ysgol yn Ysgol Sant Elfod, Abergele, fis Tachwedd diwethaf. Roedd y plant wedi dod i ddarganfod ynglŷn â sut fwyd sy'n cael ei gynhyrchu mewn ardal leol, mewn paratoad am bryd ysgol a oedd yn cynnwys cig oen o fferm Mona. Trefnodd Mona farchnad ffermwyr a gynhaliwyd ar gampws oedd yn cael ei rannu gan Ysgol Sant Elfod, Ysgol Glan Morfa ac Ysgol Glan Gele, lle cafodd disgyblion a'u rhieni gyfle i gyfarfod â chynhyrchwyr.



## Seminar athrawon

Treuliodd grŵp o athrawon o ysgolion cynradd ac uwchradd yn Nhorfaen ddiwrnod yn ymweld â dwy fferm ger Aberhonddu fis Tachwedd y llynedd. Yn fferm Porthamel yn y bore cymerasant ran mewn trafodaeth am ymweliadau fferm a'r cwricwlwm cyn cerdded o gwmpas y siediau gwartheg, y berllan, ardal y dofednod a'r coetir. Yn y prynhawn, buont yn ymweld â fferm Minfield lle mae



bridiau traddodiadol yn cael eu magu gyda phwyslais ar les yr anifeiliaid sydd ar werth drwy farchnadoedd ffermwyr. Trefnwyd y seminar gan FACE Cymru mewn cyswllt â Blas am Oes.

## Pryd ysgol yng Nghaerdydd

Mwynhaodd blant yn Ysgol Gynradd Kitchener, Caerdydd flas llysiau wedi'u tyfu'n lleol mewn pryd ysgol arbennig wedi'i drefnu gan Gymdeithas Marchnad Gymunedol Riverside gyda Chanolfan Organig Cymru a FACE Cymru. Yn dilyn gweithdy am fwyd lleol bu'r plant yn helpu i dorri'r llysiau i ginio ac ar gyfer cawl cennin a thatws, a weiniwyd i'r

holl ddisgyblion. Daeth y llysiau o fferm wrth ymyl y Fenni a daeth y tyfwyr, Philip a Josie Bevan i'r pryd.



## Ymweliad fferm ym Mhenrhyn Llŷn

Yn ystod mis Mawrth eleni ymwelodd criw o blant o ysgolion Llŷn â Chae'r Graig, Efailnewydd. Cawsant gyfle i gymharu dulliau modern o ffermio efo dulliau oedd yn bodoli cyn dyfodiad peiriannau modern. Roedd cyfle hefyd i godi wal gerrig, astudio'r grefft o blygu gwrych, plannu tatws, ac adnabod rhinweddau a defnyddiau ein coed brodorol. Yn ychwanegol i hyn gofynnwyd i'r plant roi enw ar gaeau'r fferm wrth iddynt gerdded o un cae i'r llall. Noddwyd y prosiect yn ei gyfarwydd gan Gyrfa Cymru Gogledd Orllewin.



## Abertawe a Llanelli

Mae cyllid o Sefydliad Garfield Weston wedi caniatáu FACE i ddarganfod ffermydd newydd yn ardal Abertawe a Llanelli i groesawu ymweliadau ysgol. Aeth un ysgol yn Abertawe â'u clwb amgylcheddol i fferm laeth yn Llanelli i weld eu buches o wartheg Swydd Ayr. Sylw'r athro am yr ymweliad oedd 'ei fod yn gyfle ffantastig i weld fferm weithiol iawn ac i ofyn i'r ffermwr, Geraint amdani. Roedd Geraint yn benigamp gyda'r plant - am ymweliad ardderchog'.

## Cysylltiadau

Cydlynnydd Addysg Cymru  
Jane Powell, Canolfan Organig Cymru, Sefydliad y Gwyddorau Biolegol, Amgylcheddol a Gwledig, Prifysgol Aberystwyth, SY23 3AU.  
01970 622248  
[jane@face-online.org.uk](mailto:jane@face-online.org.uk)

Ceredigion, Sir Gaerfyrddin, Sir Benfro, Abertawe:  
Nick Rebbeck, Dysgu ar y Fferm,  
[www.learningonthefarm.org.uk](http://www.learningonthefarm.org.uk)  
01570 470470

North Powys: Caroline Davies,  
[schoolfarmvisits@yahoo.co.uk](mailto:schoolfarmvisits@yahoo.co.uk), 01938 810302