

# FACE Wales

Autumn 2009 [www.face-cymru.org.uk](http://www.face-cymru.org.uk)

## Virtual Farm in Wales

Lakeside Farm Park has been funded through an Axis 4 project to provide a virtual farm with webcams and interactive sessions for rural schools. Our aim is to provide an educational farming website with information on different types of farming in Wales. The website gives an insight into rural life with tours and videos and how agriculture fits in to a sustainable lifestyle. The interactive sessions will be by webcam or visit. We will give a flavour of seasonal foods available, food miles involved by eating locally and will link to other rural projects in Bridgend. The website will go live mid September. Lakeside Farm Park has also joined Bridgend Environmental Education & Sustainability (BEES) Partnership and is committed to supporting Education for Sustainable Development & Global Citizenship (ESDGC) in the area.



## Farm safety day

Children from four primary schools on the Llŷn Peninsula took part in a farm safety session in the summer, organised jointly by FACE Cymru and Communities First. The event was held at Ysgol Botwnnog near Pwllheli, one of the few secondary schools in Wales to have its own farm, and pupils were taken around a range of hazards, including a tractor, animals, chemicals, barbed wire and an imaginary slurry pit. They discussed the risks of each and drew up safety rules, and everyone went away with a farm safety comic from the HSE – after washing their hands, of course.



## Events at Treberfedd farm

There have been a number of events at Treberfedd Farm, Ceredigion, this year. In February, they hosted a CEVAS course. In June, Elin Jones, Minister for Rural Affairs, opened the new farm trail and there was a sponsored walk to raise money for Cancer Research Wales. In July, Nick Rebbeck of Learning on the Farm led a joint educational day out for Llanwnnen and Cribyn Primary Schools. The headmaster said: "The children saw a day's work, through the eyes of the farmer, plus where their food comes from. They also saw the way wildlife plays an important part in farming. Fresh air, exercise and pupil involvement – excellent." For more information see [www.treberfedd.co.uk](http://www.treberfedd.co.uk) and [www.learningonthefarm.co.uk](http://www.learningonthefarm.co.uk).



## Eat your own veg

FACE Cymru and Careers Wales organized two training days for teachers at Moelyci Environment Centre near Bangor this summer. A total of 22 primary school teachers came for practical gardening and cookery sessions. After harvesting potatoes, onions, salads and soft fruit they took them back to the barn and prepared them for lunch. Under the guidance of Elwen Roberts from Hybu Cig Cymru they also made pizzas, salad dressings and fruit smoothies. In the afternoon, they were given training in sowing seeds and potting up tomatoes and cucumbers. Everyone enjoyed a day outside the classroom.



## Farmer gets ready for school visits

Lynda Perkins, NFU Cymru/Natwest Wales Woman Farmer of the Year, is one of the latest batch of farmers to be accredited under the Countryside Educational Visits Education Scheme. Lynda, who farms in north Pembrokeshire, says: 'I think it so important to teach children about farming and the countryside and I'm looking forward to our first visit'.

## Young people get gardening

Monmouthshire Youth Service's Get Up & Grow Project offers young people aged 14-25 the opportunity to gain an OCN qualification in horticulture. At their outdoor education site in the beautiful surroundings of Gilwern, young people learn about respecting the environment, growing fruit and vegetables and appreciating nature. The project has been running for four years now and has been runner-up in the Food Standards Agency's AFAL Awards. It is coordinated by Dawn Purkiss, winner of Focus DIY's National Green Hero Award. Please contact Dawn on 01873 833202 or [dawnpurkiss@monmouthshire.gov.uk](mailto:dawnpurkiss@monmouthshire.gov.uk).



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# FACE Cymru

Hydref 2009 [www.face-cymru.org.uk](http://www.face-cymru.org.uk)

## Fferm Rithwir yng Nghymru

Mae Parc Fferm Lakeside wedi cael ei gyllido drwy brosiect Axis 4 er mwyn darparu fferm rithwir gyda gwegamerâu a sesiynau rhyngweithiol ar gyfer ysgolion gwledig. Ein nod yw darparu gwefan ffermio addysgiadol gyda gwybodaeth ar wahanol fathau o ffermio yng Nghymru. Mae'r wefan yn rhoi mewnwelediad am fywyd gwledig gyda theithiau a fideos a sut mae ffermio yn ffitio i mewn i ffordd gynaliadwy o fyw. Bydd y sesiynau rhyngweithiol drwy gwegamera neu ymweliad. Byddwn yn rhoi blas o'r bwydydd tymhorol sydd ar gael, milltiroedd bwyd sy'n gysylltiedig â bwyta'n lleol a bydd cysylltiad gyda phrosiectau gwledig eraill ym Mhen-y-bont ar Ogwr. Bydd y wefan yn dod yn fyw yng nghanol mis Medi. Mae Parc Fferm Lakeside hefyd wedi ymuno gyda Phartneriaeth Addysg Amgylcheddol a Chynaliadwyedd Pen-y-Bont ar Ogwr (BEES) ac wedi ymrwymo i gefnogi Addysg ar gyfer Datblygiad Canaliadwy a Dinasyddiaeth Byd-eang (ESDGC) yn yr ardal.



## Diwrnod diogelwch ar y fferm

Cymerodd plant o bedair ysgol gynradd ar Benrhyn Llŷn ran mewn sesiwn diogelwch ar y fferm yn yr haf, wedi'i drefnu ar y cyd gan FACE Cymru a Chymunedau'n Gyntaf. Cynhaliwyd y digwyddiad yn Ysgol Botwnnog ger Pwllheli, un o'r ychydig ysgolion uwchradd yng Nghymru sydd â fferm ei hun. Cymerwyd disgyblion o gwmpas ystod o beryglon, yn cynnwys tractorau, anifeiliaid, cemegau, gwifrau pigog a pwell biswail dychmygol. Trafodwyd risg pob un ohonynt, ac aeth pawb i ffwrdd gyda chomig diogelwch ar y fferm gan HSE - ar ôl golchi eu dwylo, wrth gwrs.



## Digwyddiadau ar Fferm Treberfedd

Bu nifer o ddigwyddiadau ar Fferm Treberfedd, Ceredigion eleni. Ym mis Chwefror roeddent wedi cynnal cwrs CEVAS. Ym mis Mehefin, agorodd Elin Jones, Gweinidog Materion Gwledig, lwybr fferm newydd, ac fe roedd taith noddedig i godi arian ar gyfer Ymchwil Canser yng Nghymru. Ym mis Gorffennaf, bu Nick Rebbeck o Dysgu ar y Fferm, yn cynnal diwrnod addysgol ar y cyd ar gyfer Ysgolion Cynradd Llanwnnen a Chribyn. Dywedodd y prifathro: "Gwelodd y plant ddiwrnod o waith, drwy lygaid y ffermwr, yn ogystal â gweld o le roedd eu bwyd yn dod. Gwelodd y plant hefyd y ffordd y mae bywyd gwyllt yn chwarae rhan bwysig mewn amaethyddiaeth. Awyr iach, ymarfer corff a chyfranogiad disgyblion - ardderchog." Am fwy o wybodaeth, gwelwch [www.treberfedd.co.uk](http://www.treberfedd.co.uk) a [www.learningonthefarm.co.uk](http://www.learningonthefarm.co.uk)



## Bwytwch eich llysiâu eich hun

Trefnwyd dau ddiwrnod hyfforddiant ar gyfer athrawon gan FACE Cymru a Gyrfaoedd Cymru yng Nghanolfan Amgylcheddol Moelyci ger Bangor yr haf hwn. Daeth cyfanswm o 22 athro ysgol gynradd ar gyfer sesiynau ymarferol garddio a choginio. Ar ôl cynaeafu tatws, nionod, saladau a ffrwythau meddal, aethant â hwy yn ôl i'r ysgubor a'u paratoi ar gyfer cinio. O dan arweiniad Elwen Roberts o Hybu Cig Cymru, gwnaethant hefyd pizzas, dresins salad a smoothies ffrwyth. Yn y prynhawn, cawsant hyfforddiant mewn hau hadau a photio tomatos a chiwcybrau. Mwynhaodd pawb ddiwrnod y tu allan i'r ystafell ddosbarth.



## Ffermwr yn paratoi ar gyfer ymweliadau ysgol

Mae Lynda Perkins, Ffermwraig y Flwyddyn NFU Cymru/ Natwest Cymru, yn un o'r casgliad diweddaraf o ffermwyr i'w hachredu dan Gynllun Addysg Ymweliadau Addysgol Cefn Gwlad. Dywed Linda, sy'n ffermio yng ngogledd Sir Benfro, 'Rydw i'n meddwl ei fod mor bwysig i ddysgu plant am ffermio a chefn gwlad ac rydw i'n edrych ymlaen at ein ymweliad cyntaf'.

## Pobl ifanc yn garddio

Mae Get Up and Grow, prosiect Gwasanaeth Ieuenctid Sir Fynwy yn cynnig i bobl ifanc rhwng 14 a 25 oed y cyfle i ennill cymhwyster OCN mewn garddwraieth. Yn eu safle addysg awyr agored yn amgylchedd hardd Gilwern, mae pobl ifanc yn dysgu am barchu'r amgylchedd, tyfu ffrwythau a llysiâu a gwerthfawrogi natur. Mae'r prosiect bellach wedi bod yn rhedeg ers pedair blynedd, ac wedi bod yn ail yng Ngwobrau AFAL yr Asiantaeth Safonau Bwyd. Y cydlynnydd yw Dawn Purkiss, enillydd Gwobr Arwr Gwyrdd Cenedlaethol Focus DIY. Os gwelwch yn dda, cysylltwch â Dawn ar 01873 833202 neu [dawnpurkiss@monmouthshire.gov.uk](mailto:dawnpurkiss@monmouthshire.gov.uk).



## Cysylltiadau

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